

We're doing a Food and Fund Drive!

When: _____

Where: _____

Run by: _____



To Benefit **The FoodBank** of Monmouth and Ocean Counties
www.foodbankmoc.org

Most needed items are:

Nonperishable:

Ready-to-eat canned meals
Canned Meat
Canned Tuna
Canned Fruits
Canned Vegetables
Instant Potatoes
Canned and Dry Soup
Peanut Butter
Jelly
Canned Pork and Beans
Canned Juices
Sip-size Juices
Hot and Cold Cereal
Nonperishable milk

No glass containers please!

For every \$5 donated, the FoodBank can distribute 15 meals for needy families.

Hunger Facts:

Did You Know that..

- Over 100,000 people in Monmouth and Ocean Counties live on incomes that place them at risk of going hungry?
- Out of every four people that receive emergency food is a child?
- Last year, the FoodBank provided 4.3 million pounds of food to people in need through over 270 pantries, soup kitchens and other food programs in our two counties.